

Come join us for
two days of
**“Conscious
Discipline”!**

“No *‘Barbie-doll-Teacher’* strategies
in this class! Those who come can
expect to leave with the
**practical,
nitty-gritty truth**
of how to both support the
physical/social/emotional/cognitive
needs of the children in their care,
AND not lose their minds while
doing it!” - *Kristi*

7 Skills of the STRESS- FREE

Workshops will be
facilitated by
Kristi Cheyney,
experienced
teacher,
facilitator,
college instructor,
mom, and
**real-life
7-Skills pupil!**

When: January 9th and 30th,
9:30 am – 2:30 pm

Where: Early Learning Coalition of Alachua County
4424 NW 13th St, Gainesville, 32609

What to bring: Picture of yourself, Sack Lunch
(Refrigerator and microwave available)

What to Wear: Comfortable clothing (be ready for FUN!)

RSVP to: Sherry Mullins, 375-4110 X133